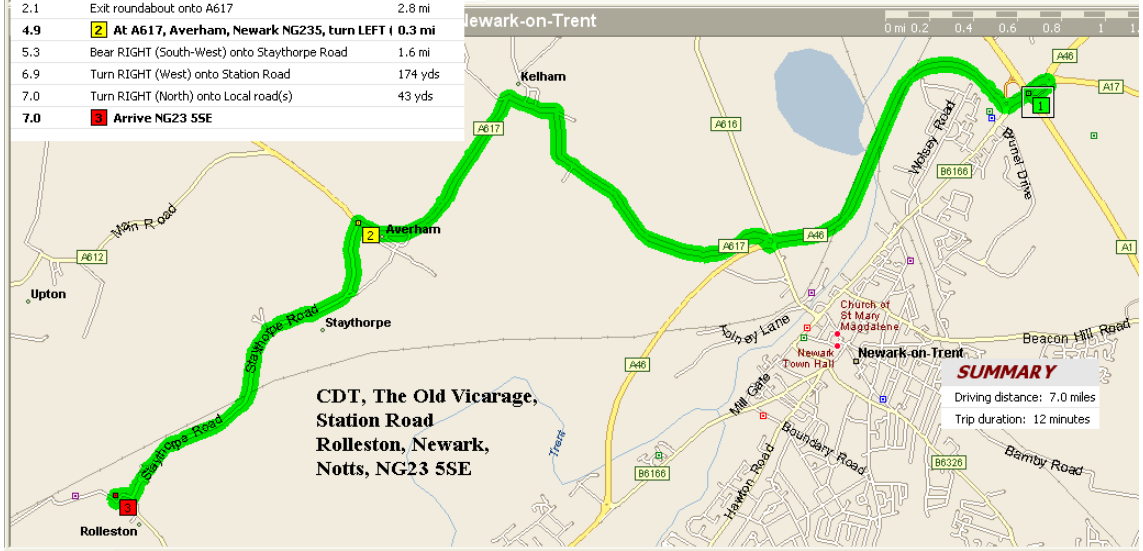Mile	Instruction	For
Summary: 7.0 miles (12 minutes)		
0.0	**1 Depart A1, North Muskham, Newark NG236 or**	**0.1 mi**
0.1	At roundabout, take the FIRST exit	10 yds
0.1	Exit roundabout onto A46	0.2 mi
0.4	At roundabout, take the SECOND exit	65 yds
0.4	Exit roundabout onto A46	1.7 mi
2.1	At roundabout, take the THIRD exit	120 yds
2.1	Exit roundabout onto A617	2.8 mi
4.9	**2 At A617, Averham, Newark NG235, turn LEFT (**	**0.3 mi**
5.3	Bear RIGHT (South-West) onto Staythorpe Road	1.6 mi
6.9	Turn RIGHT (West) onto Station Road	174 yds
7.0	Turn RIGHT (North) onto Local road(s)	43 yds
7.0	**3 Arrive NG23 5SE**